

Family Life Lesson

The link below is from the Proctor and Gamble website for parents. There are several resources on this page on the topic of puberty for parents to watch and discuss with their child.

You will find links to the videos that are shown to the boys and girls separately. They are titled "*Always Changing- boys or girls*"

There is also a list of recommended books and other resources available via other websites,

<https://www.pgschoolprograms.com/Parents>